

I, the undersigned LUCIO D'ANTONIO, born in Siena on 28/03/1994, aware of sanctions in the case of untruthful declarations or use of false acts, referred to in art. 76 of D.P.R. n. 445/2000 (Italian law), declares, pursuant to articles 46 and 47 of D.P.R. 445/00 (Italian law), the following states, facts and personal qualities:

EUROPEAN FORMAT FOR CURRICULUM VITAE



PERSONAL INFORMATION

Name	LUCIO D'ANTONIO
Address	[REDACTED]
Telephone	[REDACTED]
Email	Dott.dantonio@pec.it ; lucio.dantonio.md@gmail.com
Nationality	Italian
Date of birth	28.03.1994

WORK EXPERIENCE

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| • Dates | April 2026, August 2024 – February 2025 |
| • Name and address | SPORTING LISBOA E BENFICA CLINIC, Estadio da Luz (Lisbon, Portugal) |
| • Type of company or sector | Benfica Club Clinic |
| • Type of work | Fellowship |
| • Main tasks and responsibilities | Prevention, diagnosis and treatment of problems of medical interest in high-level athletes. |
| • Dates | February 2026 |
| • Name and address | OLYMPIC VILLAGE HOSPITAL |
| • Type of company or sector | Niguarda Hospital |
| • Type of work | Sports Doctor |
| • Main tasks and responsibilities | Diagnosis and treatment of musculoskeletal injuries in Olympic athletes during 2026 Milano-Cortina Winter Olympics Games |
| • Dates | February 2025 - <i>ongoing</i> |
| • Name and address | Sports Medicine 360, Bologna – Modena (IT) |
| • Type of company or sector | Sports Medicine 360 – medical clinic |
| • Type of work | Sports Doctor |
| • Main tasks and responsibilities | Prevention, diagnosis and treatment of musculoskeletal injuries in athletes and other active subjects |
| • Dates | July 2024 |
| • Name and address | RIZZOLI ORTHOPAEDIC INSTITUTE, Bologna (BO) |
| • Type of company or sector | Clinica Ortopedica e Traumatologia II. |
| • Type of work | Fellowship |
| • Main tasks and responsibilities | Clinical and surgery assessment and procedures of the knee, with Professor Zaffagnini. |
| • Dates | May 2023 – September 2023 |
| • Name and address | ITALIAN NATIONAL WOMEN'S VOLLEYBALL TEAM (Main, Seniores Team) |
| • Type of company or sector | Italian Volleyball Federation (FIPAV) |
| • Type of work | Team doctor |

• Main tasks and responsibilities	Team Doctor during preparation and dispute of competitions: VNL (Volleyball Nations League), European championship and Olympics qualification for Paris 2024. Prevention, diagnosis and treatment of problems of medical interest in high-level athletes.
• Date	June-September 2022
• Name and address	ITALIAN NATIONAL MEN'S VOLLEYBALL TEAM (Juniors and Pre-Juniors)
• Type of company or sector	Italian Volleyball Federation (FIPAV)
• Type of work	Team doctor
• Main tasks and responsibilities	Prevention, diagnosis and treatment of problems of medical interest in high-level athletes during preparation and dispute of international competitions.
• Date	March-June 2022
• Name and address	ITALIAN NATIONAL WOMEN'S WATER POLO TEAM (Main, Seniors team)
• Type of company or sector	Italian Swimming Federation (FIN)
• Type of work	Team doctor
• Main tasks and responsibilities	Prevention, diagnosis and treatment of problems of medical interest in high-level athletes during preparation and dispute of international competitions.
• Date	May 2021 – July 2024
• Name and address	PROF. PORCELLINI, SHOULDER TEAM CLINIC
• Type of company or sector	University of Modena and Reggio Emilia
• Type of work	Resident
• Main tasks and responsibilities	Assistance in the orthopedic examination of shoulder and elbow, including in athletes of various disciplines. Analysis of the movement of the upper limb using 3D ShowMotion system. Accompaniment in the rehabilitation of the athlete with shoulder and elbow injury.
• Dates	January 2021 – July 2024
• Name and address	PASCIA CENTER, Policlinico di Modena
• Type of company or sector	University of Modena and Reggio Emilia
• Type of work	Resident
• Main tasks and responsibilities	Execution of complete cardiological visits, including EchoCardiography.
• Dates	September 2021 – <i>ongoing</i>
• Name and address	ASD LA FRATELLANZA, Modena
• Type of company or sector	ASD La Fratellanza Athletics Club – Track and Field
• Type of work	Team Doctor
• Main tasks and responsibilities	Injury prevention, evaluation and treatment of injuries of the athlete in track and field.

EDUCATION AND TRAINING

• Date	March 2026 - <i>ongoing</i>
• Name and type of education or training institution	University of Florence MASTER DEGREE IN ADVANCED PAIN MANAGEMENT
• Date	March 2024 - November 2025
• Name and type of education or training institution	University of Siena MASTER DEGREE IN BASIC AND ADVANCED ECHOCARDIOGRAPHY AND CARDIAC IMAGING IN SPORTS CARDIOLOGY Thesis: Case report on long QT syndrome
• Date	January 2021 – January 2025
• Name and type of education or training institution	University of Modena and Reggio Emilia Resident doctor, SPORTS MEDICINE SPECIALIZATION

•Date • Name and type of education or training institution	March 2023 - October 2024 University of Bologna MASTER DEGREE IN ORTHOPEDICS AND SPORTS TRAUMATOLOGY (in collaboration with Rizzoli and Humanitas University) Thesis: Trattamento conservativo di tendinopatia rotulea in atleta saltatore: case-report di una gestione evidence-based con efficace RTPerformance
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•Date - Name and type of education or training institution	July 2024 Italian Society of Ultrasound in Medicine and Biology DIPLOMA IN MUSCULOSKELETAL ULTRASOUND SPECIALIZATION
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•Date • Name and type of education or training institution • Level in the national classification	April 2020 University of Siena Faculty of MEDICINE AND SURGERY 110/110 with laude and mention
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FURTHER TRAINING EXPERIENCES

Training abroad:

- April 2026, August 2024 – February 2025
Fellowship
Clinic of Sporting Lisboa e Benfica, Lisbon, Portugal.
- March 2019 – May 2019
Overseas Program
Internship at Antonio Pedro University Hospital, Universidade Federal Fluminense, Niteroi, Brazil
- September 2017 – July 2018
Erasmus
Student and trainee at the affiliated hospitals of the NOVA University, Lisbon, Portugal
- August 2015
IFMSA (International Federation of Medical Students Associations) exchange program
Internship at Barros Barreto University Hospital, Belém, Brazil
- September 2014
Jefferson University Hospital, Philadelphia, USA
Visiting student at the Department of Maternal-Fetal Medicine

Participation in conferences and courses:

- 7-8 October 2025, Estadio da Luz, Lisboa (PT)
Health and Performance Congress
Speaker (oral communication): The Volleyball Player's Shoulder in Playing
Position: Balance Between External- and Internal-Rotators and Between Scapular Stabilisers
- 6 June 2026, ICLO Verona (IT)
Advanced Training Course in Musculoskeletal Interventional Ultrasound of the Spine
- 19-21 June 2025, ICLO Verona (IT)
Advanced Training Course in Musculoskeletal Interventional Ultrasound and Cadaveric Anatomy of the Upper Limb and Brachial Plexus
- 12,16 June 2025, Canon Sports Med Day, Webinar on ultrasound of knee ligaments, ankle instability, gastrocnemius and hamstring muscles injuries.
- 3-5 May 2025, Estadio Riyadh Air Metropolitano, Madrid (ES)
Isokinetic Conference 2025
Speaker: Our protocol for shoulder injury prevention and performance enhancement
- 10-11 September 2024, Sporting Lisboa e Benfica, Estadio da Luz, Lisbon,

Portugal

Speaker: Screening, Injury prevention and Performance Enhancement for the volleyball player's shoulder.

- 15-16 December 2023, Castrocaro Terme (FC), Italy
X International Congress Sport Traumatology "The Battle".
Speaker: Efficiency in the volleyball player's shoulder through the optimization of scapular kinetics: condition training with Shoulder Pacemaker (Neuralign)
- 28-30 August 2023, Florence (FI), Italy
FIPAV workshop for third level volleyball coaches.
Speaker: Method of screening and diagnosis of the volleyball player's shoulder.
- 30 May 2023, Municipal Track and Field, Modena (MO) , Italy
Speaker: Low Back Pain in the athlete: from Theory to Practice
- 10-11 March 2023, Bologna (BO) , Italy
International Congress SIT (Italian Society of Telemedicine)
Speaker: Functional analysis report of elite athlete with telemedicine
- 10-12 November 2022, Rome (RM), Italy
105th National Congress SIOT- Italian Society of Orthopedics and Traumatology.
Speaker: 3D scapular kinetic analysis with inertial electromagnetic sensors
- 14-15 October 2022, Castrocaro Terme (FC) , Italy
IX International Congress Sport Traumatology "The Battle".
Speaker: "Joint laxity in the athlete"
- 19-21 June 2025: Training course in interventional musculoskeletal ultrasound and regional anatomy of the upper limb and brachial plexus, Verona (VE), IT.
- May-June 2025: Canon Medical Webinar, Sports Medicine Days 1,2,3 and 4.
- 27 February 2025, Istituto Ortopedico Rizzoli, Bologna (BO) , Italy
First Meeting on Deep Gluteal Syndrome
- 25 October 2024, Istituto di Anatomia UNIBO, Bologna (BO) , Italy
Cadaver Lab on Anatomy and surgical procedures of the knee and shoulder.
- 21 May 2024, Bologna (BO) , Italy
Superficial Tissues Ultrasound – webinar
- 10-11 May 2024, Firenze (FI), Italy
XI Congresso "Conoscere lo Sport"
- 14-15 March 2024, Padova (PD), Italy
Tendon Rehab, riabilitazione nella tendinopatia. Fisioscience.
- 5-6 May 2023, Siena (SI) , Italy
Heart and sport 2023: between competition and prevention
- 20-22 July 2023, Roma , Italy
FMSI National congress
- 9-10 April 2023, Cavalese (TN) , Italy
Prevention of competition manipulation course, Federation Internationale de Volleyball.
Play Clean Course, Federation Internationale de Volleyball.
- 1-2 April 2022, Carpi (MO) , Italy
CardioCarpi MMXXI, congress of Sports Cardiology
- 15-16 October 2021, Castrocaro Terme (FC) , Italy
VIII International Congress Sport Traumatology "The Battle"
- 16-18 September 2021, San Daniele nel Friuli (UD) , Italy
20th National Congress of the Italian Society of Sports Cardiology
- October 2018 – March 2020
Internal student at Cardiac Surgery Department, Le Scotte Hospital, Siena, Italy
- March 2019 – May 2019, , Universidade Federal Fluminense, Niteroi, Brazil
Student at laboratory of applied and experimental exercise physiology
- May 2019, Rio De Janeiro (SOCERJ), Brazil
XXXVI Congress of the Society of Cardiology of Rio De Janeiro (SOCERJ), Brazil
- October 2018, Lisbon, Portugal
IX iMed conference (artificial intelligence and telemedicine)
- May 2015 – December 2015, Le Scotte Hospital, Siena
Intern student at the Laboratory of Neurophysiology and Cognitive Enhancement

MAIN SPORTS RESULTS (AS TEAM DOCTOR)

- July 2023, Texas (USA):
Women's Volleyball Nations League
(VNL)

5th place

- July 2022, Tbilisi, (GE):
Men's U18 European Volleyball
Championship

Winner , European Champions title. Qualified for the 2023 World Cup.

- September 2022, Montesilvano,
PE (IT):
Men's U20 Volleyball European
Championship

Winner, European Champions title. Qualified for the 2023 World Cup.

- June-July 2022,
Pont-à-Mousson, (FR):
WEVZA International Tournament,
U18 Men's Volleyball

3rd place

- April 2022, Santa Cruz de Tenerife
(ES):
Women's Water Polo World League
("Final Six")

3rd place. Qualified for the 2023 World League Super Final

SCIENTIFIC PUBLICATIONS AND PRESENTATIONS IN CONGRESSES

Breaking the operator variability in Kibler's scapular dyskinesis assessment. D'Antonio L, Fiumana G, Reina M, Lodi E, Porcellini G. Musculoskelet Surg. 2024 Sep;108(3):347-357. doi: 10.1007/s12306-024-00834-0. Epub 2024 Jun 21. PMID: 38904866; PMCID: PMC11371877.

Scapulohumeral rhythm in shoulders with reverse shoulder arthroplasty measured with a novel portable three- dimensional scapular kinematics assessment system.

Journal of Shoulder and Elbow Surgery. Micaela Reina; Gabriele Fiumana; Matteo Mantovani; Lucio D'Antonio; Giuseppe Porcellini. DOI: 10.1016/j.jse.2022.12.007

Comparison between clinical evaluation and analysis of 3d movement of scapular dyskinesia. SIOT Congress - Italian Society of Orthopedics and Traumatology 2022. Abstract and Poster presentation. Lucio D'Antonio; Micaela Reina; Gabriele Fiumana; Matteo Mantovani; Giuseppe Porcellini

Joint laxity and Ehlers-Danlos syndrome. IX congress "The Battle", 14-15 October 2022, Castrocaro Terme (FC). Relator. Lucio D'Antonio, Marco Chimenti, Fabio Tortorella, Rocco Bonfatti, Luca Sangiorgi, Enrico Guerra, Olga Calabrese, Maria Grazia Modena, Giuseppe Porcellini.

Sex and physical exercise: one only size does not fit all. Differences between men and women in regulation and adaptations in response to exercise. Ital J Gender-Specific Med 2022. Lodi E, Rodighiero E, Donati F, Pergreffi M, D'Antonio L, Guicciardi C, Rosero Morales J, Lodi G, Modena MG.

Hypertrophic-phenotype cardiomyopathy: the great simulator. Journal of Cardiovascular Medicine: November 2022 - Volume 23 - Issue 11 - p 748-751. Lodi, Elisa; Lucio, D'Antonio; Federica, Fiocchi; Letizia, Reggianini; Modena, Maria Grazia.
DOI:10.2459/JCM.0000000000001357

HRV analysis through telemedicine devices in high-level athletes for training load optimization. Abstract for congress Italian Society of Telemedicine 2021. L. D'Antonio; F. Donati; C. Guicciardi; A. Scavone; A. Carollo; MG Modena

Pilot study on monitoring by telemedicine during the application of a protocol of adapted motor activity in subjects with a history of covid-19 disease. Abstract for congress Italian Society of Telemedicine 2021. L. D'Antonio; F. Donati; Guicciardi; A. Scavone; A. Carollo; MG Modena

Can sports and masks get along? Sports Medicine, Minerva Medica December 2021. Elisa Lodi, Alberto Scavone, Gabriel Dias Rodrigues, Lucio D'Antonio, Massimiliano Pergreffi, Maria G. Modena. DOI:10.23736/S0025-7826.21.03962-4

From August 2024 - *ongoing*: **Reviewer** for the Journal Of Orthopaedics and Traumatology (JOOT)

MOTHER TONGUE	ITALIAN
OTHER LANGUAGE	ENGLISH
• Reading skills • Writing skills • Oral expression skills	EXCELLENT EXCELLENT EXCELLENT
OTHER LANGUAGE	PORTUGUESE
• Reading skills • Writing skills • Oral expression skills	EXCELLENT EXCELLENT EXCELLENT
OTHER LANGUAGE	SPANISH
• Reading skills • Writing skills • Oral expression skills	GOOD GOOD GOOD
OTHER LANGUAGE	FRENCH
• Reading skills • Writing skills • Oral expression skills	BASE BASE BASE
RELATIONAL SKILLS AND COMPETENCES	Relational, communication and exposure skills towards patients and colleagues gained during the experiences mentioned above and in particular during international sports competitions, in the active participation in routine ward activities, including daily bed-side visits of hospitalized patients, as well as in the exposure and discussion of clinical cases in ward and multidisciplinary meetings. Exhibition in various international congresses.
ORGANIZATIONAL SKILLS AND COMPETENCES	Management of the medical logistics in National teams, during trainings and abroad competitions.

I authorize the processing of my personal data pursuant to Legislative Decree 196 of 30 June 2003 (Italian law).

Lisbon (PT), 13/07/2026

Dr Lucio D'Antonio